Supporting Physicians
Since 1996

The Alameda-Contra Costa Medical Association (ACCMA) Litigation Stress Program, co-sponsored by the Medical Insurance Exchange of California (MIEC), has assisted physicians threatened with medical malpractice, medical board investigations and workplace disciplinary actions for more than 20 years. In addition to the support physicians receive from their personal legal counsel and professional liability insurance company, ACCMA’s Litigation Stress Program offers moral and emotional support to both members and nonmembers alike.

About the ACCMA

The Alameda-Contra Costa Medical Association (ACCMA) is a professional association of physicians who are committed to addressing health issues of concern to patients and doctors in the East Bay. Throughout its history, the ACCMA has sought to improve public health, the quality of the practice of medicine and patients’ access to care. ACCMA continues its tradition of leadership today by focusing on its core mission: empowering physicians in their profession, practices and community.

Not a member? Join more than 4,200 physicians in the East Bay to help us fight for your profession. Learn more about the benefits of membership by visiting www.accma.org/become-a-member/membership-benefits

Physician Litigation Stress Program

Personal and Confidential Assistance for Physicians and Their Families

Alameda-Contra Costa Medical Association
6230 Claremont Ave., 3rd Fl., Oakland, CA 94618
(510) 654-5383 accma@accma.org
Under the program, physicians threatened by malpractice lawsuits, medical board investigations, or workplace disciplinary actions may request a visit or phone consultation with a member of the Litigation Stress Committee (LSC) at no cost. The LSC acts under the auspices of the ACCMA—a peer-review body—and aims to promote quality of care by:

- Helping other physicians understand the various stages of litigation and regulatory hearings.
- Providing information about the non-legal aspects of those processes.
- Advising the colleague about ways to cope with the stress related to those experiences and continue functioning effectively, both professionally and personally.
- Offering suggestions for reducing liability.

**Insight and Information**

Upon request, a physician on the Litigation Stress Committee will contact you to arrange a personal meeting or telephone consultation. A primary purpose of the meeting is to inform you of ways to cope with stress related to litigation or regulatory hearings and to apprise you of invaluable resources.

**Peer Support**

To help ensure that discussions with an LSC member do not interfere with the successful defense of allegations, LSC members will not discuss any details of a lawsuit or case or provide legal advice. The program is one of peer counsel only, providing much-needed moral and emotional support to physicians in stress. No doctor-patient relationship is created as a result of participation.

**Confidentiality**

LSC members do not report the substance of these conversations to the ACCMA, the physician’s liability insurer or defense attorney, nor do they keep written records.