East Bay Safe Prescribing Coalition: Activities, Timeline and Goals

2019-2021

Clinical Education
- Promote best practices/principles for implementing change within care settings and provide technical assistance for the use of protocols and guidelines
- Conduct regular Medication Assisted Treatment (MAT) waiver trainings for physicians and allied health professionals to prescribe buprenorphine for Opioid Use Disorder (OUD)
- Educate prescribers about the use of non-pharmacological alternative treatments for opioids
- Conduct periodic Naloxone trainings for pharmacists and other allied health care providers to dispense Naloxone without a prior prescription

Breaking Down Barriers to Accessing MAT and Naloxone
- Promote the benefits of MAT induction through the Emergency Department
- Working with pharmacies and hospitals to improve access to Naloxone
- Work with detention facilities to implement MAT for inmates and provide Naloxone for exiting inmates
- Evaluate local addiction treatment resources and promote opportunities for expansion of treatment access
- Work with waivered prescribers on increasing the number of patients they treat with MAT
- Reduce stigma surrounding prescribing MAT and work with “ghost waivers” on prescribing MAT

Implementing Best Practices to Reduce Opioid Misuse and Prevent Overdose
- Disseminate clinical tools and educational materials to support best practices, including East Bay Safe Prescribing Coalition toolkits for acute and chronic pain management
- Promote drug take back opportunities and increase access to safe drug disposal at pharmacies and other health care facilities
- Collaborate with health plans on improving access to non-opioid therapies and MAT
- Improve physician’s ability to educate patients about the risks of opioids

Sharing Information and Engaging with the Community
- Maintain a webpage (http://www.accma.org/Advocacy/Opioid-Prescribing) with resources for clinicians and community members and send periodic newsletter updates on local activities
- Conduct a robust public awareness campaign, targeted specifically (though not exclusively) towards youth, about the risks of opioids
- Explore opportunities for collaboration with county health departments on effective use of data and evaluate strategies for identifying and intervening with high risk patients
- Host periodic stakeholder meetings to promote collaboration and information sharing
- Improve information sharing between prescribers, pharmacists, and health plans

GOALS:
- REDUCE QUANTITY OF OPIOIDS PRESCRIBED WHILE ENSURING PAIN IS TREATED APPROPRIATELY
- INCREASE ACCESS TO NALOXONE
- REDUCE OPIOID-RELATED DEATHS
- INCREASE ACCESS TO MEDICATION ASSISTED TREATMENT